

# Woolomin Public School

Newsletter Week 8, Term 2

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Tuesday, 19 June 2018

## Awesome Assembly Awards for Week 7



### Miss Burford's Award

Emma Adams: for improvement in English, especially reading.



### Principal's Award

Emma Adams: Displaying respect for self, others and school through beautiful manners and wearing full school uniform.



### Ms Nagle's Award

Tobias Douglas: For demonstrating persistence and creativity when researching renewable energy.



### Ms Nagle's Award

Allee Thompson: For sharing her knowledge of metaphors and similes with the class.



### Ms Nagle's Award

Mayci Oliver: For accepting challenges in maths with confidence.



### Tingle Factor Award:

Laylah O'Malley: Showing great improvement in her ball kicking skills.





### **Tingle Factor Award:**

Amba Graham: Showing great improvement in coordination skills



### **Merit Awards:**

Pearl Fenby, Laylah O'Malley, Joseph Sampson, Holly Meredith, Tyler Woodard, James Sampson, Tobias Douglas, Grace Hoad, Ryda Oliver, Declan Scharkie



### **Cross Country Medals**

**Minors:** Jackson Hoad, Ryda Oliver, Mayci Oliver, Maiya Douglas

**Juniors:** Grace Hoad, Allee Thompson, Tyler Woodard, Joseph Sampson

**Seniors:** Tyler Summers, Eva Scheffe, Lily Parkinson, James Sampson



## Dental Visit

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On Wednesday 07/06/18, Darling Dental and Mr Chompers came to WPS. They spoke to our students about how to brush their teeth and gums correctly and foods that do and do not support dental health. Some students had a quick dental health check. Fruit, vegetables and plain milk are all great foods to include in your diet for healthy teeth.



## Small Schools Soccer Competition

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This Thursday, students who have been selected for the Woolomin Soccer team will travel to Farrer to play the first round of the Small Schools Soccer Competition. We wish them the best of luck in the round one draw against Nundle.

## Experimenting with Sound

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Last week K-2 started learning about how energy travels. We started by experimenting with sound and vibration. I'm sure we've all made a cup and string phone at one point in our lives! A classic experiment like this never dies.



# Myall Creek Memorial Thoughts and Dreams Competition

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Last Sunday, Mrs McMahon and Tyler Woodard travelled to Myall Creek to participate in the 180th memorial of the Myall Creek massacre. It was an incredibly moving experience as they listened to guest speakers' talk about the importance of reconciliation and also of remembrance. On behalf of our school, Tyler proudly accepted an award for first place in the Thoughts and Dreams competition for a song that was written and performed by primary students. The performance was the culmination of a term's work with Mark Atkins and Bob Faulkner learning about Myall Creek, exploring playing a range of instruments including didgeridoo, guitar and body percussion, writing an original composition and building a whole group performance. The submitted entry was on display at the Myall Creek Hall on a big screen, together with framed copies of a letter from Mrs McMahon outlining the project and a copy of the song lyrics. Thank you to Mark Atkins for leading us through this project and congratulations to all involved.



# UNE Science Day at Dungowan

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In support of our school plan and our commitment to increasing STEM opportunities, all students in K-6 will travel to the UNE Discovery Voyager day of Science that will be hosted at Dungowan PS this Friday. Please return the permission note by Wednesday 20<sup>th</sup> June.

## Sensory Table

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Our students have been exploring our new sensory table over the last few weeks. Thank you to Molly for helping us get it started and to all of our families who have donated items for future weeks! If you have some ideas or items for us, please let Ms Nagle know.



## Names of Clothing

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Please remember to label all items of clothing as our lost property is currently over-flowing with uniform items left in the playground. The majority of these are student's new school jumpers or hats. Unfortunately, we have no way of returning items to students if they do not have names.

If you have nothing at home to label items with, please send students to the office to see Mrs Hughes and she can supply a permanent marker to write students names on the tags.



# Canberra Small Schools Excursion

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Last Friday evening, eleven students from Year 5 and 6, Mrs McMahon and Mr Jones arrived at Tamworth Railway Station on Coach One slightly behind Coach Two, exhausted from the days travel back from the nation's capital however extremely pleased with their adventures over the past week. It was an action packed week that saw our students visiting The Australian War Memorial, New and Old Parliament Houses, Questacon, Electoral Education Centre, National Capital Planning Centre, Australian Institute of Sport, Royal Mint, High Court of Australia, National Museum of Australia, GEO Science Australia, National Film and Sound Archives, climbed Telstra tower, visited Mt Ainlie, drove around embassies drive and probably the least enjoyed activity (Ha, Ha) of visiting iPlay where students drove dodgem cars, played game machines and battled in Laser Tag. It was a huge week that our students will no doubt remember for a life time. Special thankyou to Mr Jones for attending and assisting staff from schools assist students have an amazing week.





# It's not rocket science!

No day is ordinary at Woolomin Public School, however on Friday 1 June; the school saw an inordinate number of smiling faces passing through its gates. Our school hosted (very successfully) Tamworth's inaugural Aeronautical Velocity Challenge, an Australia-wide initiative focusing on addressing Australia's shortage of scientists and engineers. Over 120 students from eight schools, including Woolomin, Duri, Attunga, Somerton, Currabubula, Nundle, Dungowan Public Schools as well as Peel High School, took up the challenge this year.

This was a wonderful learning experience for our students as they collaborated in groups of four to design, engineer, test, refine and problem solve. Launching the bottle rockets was quite a sight to behold, with the rockets travelling up to 80m. "Through the design process, our students learnt about maths and physics and the many variables that affect the flight of these rockets. The rich conversations about the fin and nose cone design, the air/water ratio that fuels the rockets and the mass of the rocket from students as young as five has been phenomenal and inspiring," reported our very own teacher Ms Nagle.

This event was possible with the support of Russell Hodgkins from AVI Skills, Ian Jones from BAE Systems and John Press, a licensed Aircraft Engineer specializing in Avionics, who form the esteemed judging panel. Teams were judged, not only on the success of their bottle rockets, but also on their explanation of their design and design process, the aesthetic of their design and the way in which they support other teams in the competition.

Local businesses including AVI Skills, Bakers Delight Shopping World, Bakers Delight City Plaza, Paddock to Plate Butchery, Kays Meats and Frozen Foods, Penrose Meats, Northgate Butchery, Coles Northgate, Coles City plaza, Woolworths Shopping World, Aldi, Westdale butchery, McDonalds, Hungry Jacks, Woolworths East point and IGA Calala provided vital sponsorship for the competition.

Our students were more than ready for the challenge on Friday as they spent the Thursday night camping in the school as part of the school's Astronomy camp. Students enjoyed dinner under the stars while listening to Aboriginal Elder, Len Waters share stories about the importance of the stars in the region's Aboriginal culture. Students then viewed the night sky through telescopes under the guidance of Matt Dodd from the Tamworth Astronomy club.

These magical events were made easier to coordinate due to the incredible support given by Ninna Douglas, Stephanie McMahon, Tony Jones and Mishalee Stewart who coordinated the shopping, planning and preparation of dinner and breakfast over camp and the BBQ lunch the following day for over 100 students and adults. The cost of running such an event was significantly reduced through the hard work of Jo Meredith, Ninna Douglas and Helen Mary Jones securing sponsorship of prizes and donations of food.

Thank you to Ms Nagle for coordinating these amazing learning experiences for our students and to our wonderful staff for given up time with their families to supervise overnight camp activities.



# CWA International Day - Poland

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This year Stage 2 participated in the CWA International Country of Study local schools competition. Poland was selected as the country of study. Students were busy preparing their projects, exploring aspects of Poland such as geographical features, currency, culture and many more.

Stage 2 thoroughly enjoyed the afternoon, where they had the opportunity to listen to a guest speaker present a highly engaging presentation about owls and endangered species. However the highlight of the afternoon I believe was not just winning the trophy for their projects, but the delicious cupcakes, which the students are still talking about.

## Mini Canteen

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Ham and Cheese toasties are available Monday to Thursday for \$2.50. Toasties will not be available Friday due to SRC Special Lunch.

Sipahh straws and a glass of milk, will be available as part of our ongoing lunch menu for \$1.50 Monday - Friday.

Specials for the remainder of this term are:

Week 8: Tacos

Week 9: Hot Dogs

Week 10: Steak Sandwiches

## Head Lice

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Head lice can unfortunately be quite common when large groups gather in regular settings such as schools, and be easily passed along. Attached is an information sheet with some useful information to help families prepare for, and how to deal with head lice should you encounter them. Please ensure your child is taking their own hat home each day, and hats are clearly labelled with your child's name.



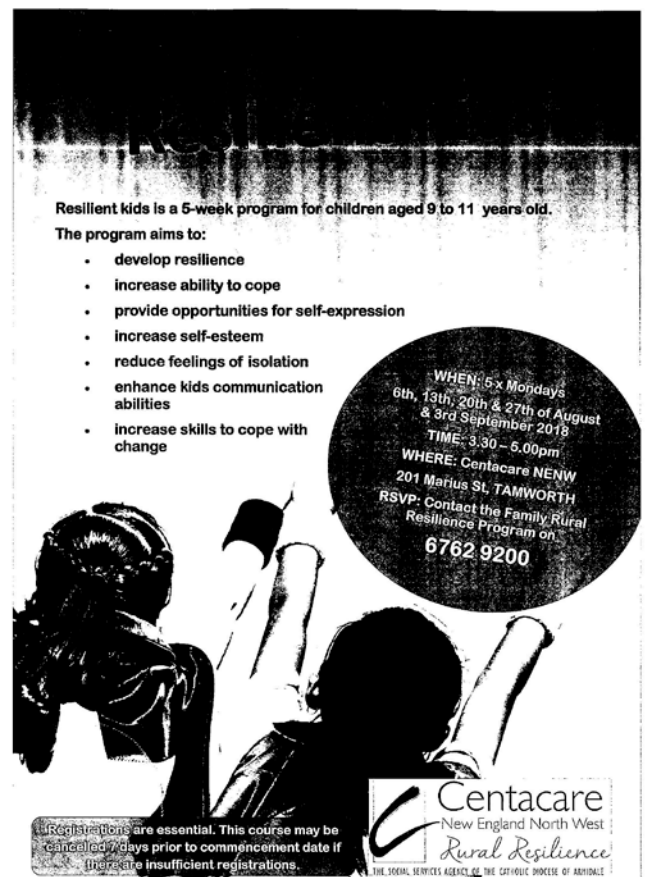


# P&C News

P&C meetings have been scheduled for the first Wednesday of each month at 7pm, with the exception of October as listed below.

Upcoming meetings scheduled for 2018:

- Wednesday 4<sup>th</sup> July
- Wednesday 1<sup>st</sup> August
- Wednesday 5<sup>th</sup> September
- Wednesday 17<sup>th</sup> October (Moved due to school holidays)
- Wednesday 7<sup>th</sup> November
- Wednesday 5<sup>th</sup> December



**Resilient Kids**

Resilient kids is a 5-week program for children aged 9 to 11 years old. The program aims to:

- develop resilience
- increase ability to cope
- provide opportunities for self-expression
- increase self-esteem
- reduce feelings of isolation
- enhance kids communication abilities
- increase skills to cope with change

**WHEN:** 5 x Mondays  
6th, 13th, 20th & 27th of August & 3rd September 2018  
**TIME:** 3.30 – 5.00pm  
**WHERE:** Centacare NENW  
201 Marius St. TAMWORTH  
**RSVP:** Contact the Family Rural Resilience Program on 6762 9200

Centacare New England North West  
Rural Resilience  
THE SOCIAL SERVICES AGENCY OF THE CATHOLIC DIOCESE OF ARMIDALE

Registrations are essential. This course may be cancelled 7 days prior to commencement date if there are insufficient registrations.

## Term 2 Calendar

### Week 8

Thursday 21 <sup>st</sup> June	Active After Schools
	Soccer Knockout Comp
Friday 22 <sup>nd</sup> June	UNE Science Discovery Day

### Week 9

Thursday 28th June	Active After Schools
	Walk for Autism

### Week 10

Wednesday 4 <sup>th</sup> July	World Cup Soccer
Thursday 5 <sup>th</sup> July	Active After Schools



## Wii Wiima-li School Holiday Program

Tuesday 17 July to  
Thursday 19 July 2018

**FREE!**

Arts & Craft    Cooking & Baking  
Old School Olympics    Ten Pin Bowling  
Sport    Games  
Fishing    Movies  
Campfire with marshmallows and damper  
Cultural Activities    Amazing Race

**ACTIVITIES**



**Pick up locations**  
Oxley Vale Public School  
Tamworth Train Station  
Hillvue Public School  
Coledale Community Centre  
Westdale Public School

Venue: Hillvue Public School and Treloarney Station  
Hosted by Tamworth Local Aboriginal Land Council and the opportunity Hub

For Registration forms or more information contact Tamworth Local  
Aboriginal Land Council on 02 6766 9028 or admin@tamworthlalc.com.au  
Registrations close Wednesday 11 July 2018



**phn**  
HUNTER NEW ENGLAND  
AND CENTRAL COAST  
An Australian Government Initiative





While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

## Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

## Finding head lice

Many lice do not cause an itch, so you have to **look carefully to find them**.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

- Step 1** Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.
- Step 2** Now comb sections of the hair with a fine tooth, head lice comb.
- Step 3** Wipe the conditioner from the comb onto a paper towel or tissue.
- Step 4** Look on the tissue and on the comb for lice and eggs.
- Step 5** Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

## Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product **always** read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.



## Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (maldison or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

## Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

## Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.



Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

## Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

## Preventing head lice

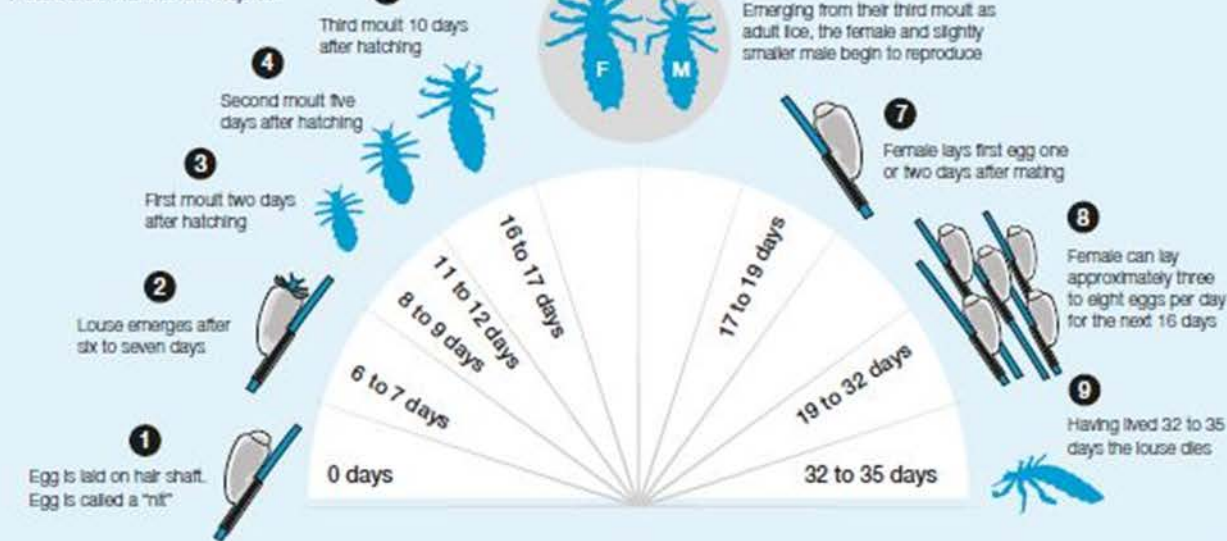
Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

## Further information

The following website offers further information:  
[www.health.vic.gov.au/headlice](http://www.health.vic.gov.au/headlice)

### The life cycle of head lice

*Pediculus humanus capitis*



The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Speare and the team of researchers at, School of Public Health and Tropical Medicine, James Cook University.

Cover concept by students from St Patrick's Primary School, West Geelong. Life cycle diagram courtesy of Nitpickers Qld.  
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