

# Woolomin Public School

## Newsletter Week 6, Term 3

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Friday, 7 September 2018



### Miss Burford's Award

**Declan Sharkie:** for improvement in participation in sports.



### Principal's Award

**Glenn Meredith:** for overcoming obstacles to do his best.



### Ms Nagle's Award

**Joey Sampson:** for showing determination to develop his skills in numeracy.



### Tingle Factor Awards

Tyler Summers, Bryce Thompson, James Sampson, Luke Leys and Maverick Parkinson.

For being good role models to younger students by leading by example.



### "Caught you being Good" prize winner

Tyler Summers



### Merit Cards

Amba Graham, Maiya Douglas, Emma Adams, and Holly Meredith.



# 2018 Athletics Carnival

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Beautiful Day, good turn up of spectators, heart-warming sportsmanship, personal bests, notable increase in fitness levels, students showing 'Can Do' attitudes and GRIT, bursting with pride, mateship, teamwork and positive peer leadership. These are all comments that were made about the school athletics carnival. The carnival was held over two days with the field events being held at school and the track events being held at the Woolomin Recreation Grounds. It took almost half a day on Friday to give out the many ribbons that our students won!

Thank you to our wonderful parents and grandparents who were able to attend to assist with timekeeping and packing up. It was great to have so many families represented to cheer our students on. Thank you also to Mr McCahon who came in on an extra day to assist with carnival organisation. Mr McCahon and Mr Etheridge spent hours the week before marking out the tracks with special paint so that our students had lanes to run in.

Congratulations to students who made qualifying times for the Zone Athletics Carnival which will be held next Friday at the TREC.



**Senior Boy Champion:** James Sampson and **Senior Girl Champion:** Eva Scheffe

Absent: **Senior Boy Runner Up Champion:** Maverick Parkinson **Senior Girl Runner Up Champion:** Lily Parkinson



**Junior Boy Champion:** Charlie Meredith and **Junior Girl Champion:** Talia Summers **Junior Boy Runner Up Champion:** Tyler Woodard **Junior Girl Runner Up Champion:** Allee Thompson



**Minor Boy Champion:** Ryda Oliver and **Minor Girl Champion:** Mayci Oliver **Minor Boy Runner Up Champion:** AJ Self **Minor Girl Runner Up Champion:** Holly Meredith

## Pavilion Entries

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Thirty-three pieces of sculpture including pottery anglerfish (K/1/2) monster hands (3/4) and Skateboard decks were submitted on behalf of students in the Junior Handy-craft section of the pavilion. Fifty-four pieces of artwork were also submitted in the School Art section. If you are at the show make sure you visit the pavilion and see the great work students have completed in Visual Art lessons.

Thank you to SRC for subsidising the cost of entry \$66 to ensure all students had the opportunity to exhibit artwork.

# Tamworth Show

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How exciting! The very first Tamworth Show at the AELEC on Friday 31<sup>st</sup> August and Saturday 1<sup>st</sup> September. The P&C have been very busy coordinating the arrangements for our biggest annual fundraiser *The Woolomin Public School Animal Nursery*.

The funds raised at this event go directly to supporting all students, so parent support of this event is greatly appreciated. The P&C have limited funds and need this event to be a success to restock the bank account after paying out very generous subsidies for the Greater Aussie Bush Camp and Canberra excursions this year. They also support all students to attend two weeks of intensive swim lessons in term 4 and buy books for all students for end of year presentation night. These are only a couple of the ways that the P&C fund raising directly targets to support parents with educational costs. A few hours of volunteering at the Nursery will make light work for everyone so please consider helping out.

## Friday 31<sup>st</sup> August

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On this day, many of our primary students who have qualified will be attending the Zone Carnival at the athletics fields near the TREC. Transport will be parent's responsibility to organise. **Students will be met at the grounds and supervised by Ms Nagle.**

Students in Years 3-6, who are not attending the carnival, are invited to attend the Tamworth Show to work at the animal nursery. **Mrs McMahon will be the supervising teacher in charge on the day.** Students will be asked to wear their full WPS sports uniform and will be hosting other schools that visit the nursery. They will also be involved in keeping the nursery clean, sweeping and feeding and watering animals.

Mrs McMahon will also take students to see their artwork in the pavilion.

**Miss Burford will be at school with students in K/1/2 and primary students who do not return permission notes.** Students in K/1/2 who have a parent attending

and working at the nursery are also invited however they must have a parent in the nursery with them at all times.

## Behaviour Incentive

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To support positive behaviour across all stages of our school we have implemented a great incentive to students to be on task and complete quality work, show sportsmanship, good attendance and demonstrate all school expectations.

All students who earn five merit cards (50 stickers) between now and Friday of Week 8 Term 4 will earn a seat on a super fun excursion at Lake Keepit Sport and Rec. The excursion will involve a fun 'mud run' obstacle course suitable for K-6 (non swimmers included), a BBQ lunch and celebration cake.

The cost of the excursion to the school for each student will be \$25 plus coach hire. There will be no cost to students. Only students who qualify are invited. School will be on as per usual for students who do not qualify.

The incentive day will be on Friday 14 December (Friday of week 9). Groups of 10 move through the course and cannot progress until the whole group has successfully "passed" the challenge. It's great for teamwork!

So be good, do quality work, follow school expectations and turn up at school ready to learn and you could be having fun in the mud! Students are not to ask teachers for stickers. Teachers will be proactively looking out for students who are doing what needs to be done without making a fuss.



# Athletics Training

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A coach will be travelling from Singleton on the following dates to work with our students:

**29/8 – 1.45pm – 4.15pm**

Please note this will be our last Active After School for Term 3.

# Debating Team

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We wish Connor Jones, Bladen Steel, Bryce Thompson, Corbin Steel, Talia Summers and Lily Parkinson the best of luck on their first and second debates at Tamworth South Public School. They will complete their third debate at Tamworth Public School on Thursday 30<sup>th</sup>.

# Student Wellbeing

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Woolomin School has a number of wellbeing programs in place for families if needed. The following is a list of programs currently in place for students.

- Excursion subsidy and payment plans
- Breakfast club on request
- Uniform payment plans
- Extension tutoring Tue & Wed mornings
- Coding club Thursday mornings
- Support with lunches when required

If you would like any more information on these programs please contact the school.

# Mini Canteen

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Ham and Cheese toasties are available Monday to Thursday for \$2.50.

Toasties will not be available Friday due to SRC Special Lunch.

Sipahh straws and a glass of milk, will be available as part of our ongoing lunch menu for \$1.50 Monday - Friday.

This Friday we will have Lasagne available for \$2.50 per serve. Please ensure catering forms are completed and returned to the office by Wednesday to ensure

students are catered for. Late orders may result in an alternate lunch if special runs out.

Specials for the remainder of this term are:

Week 7: Butter Chicken

Week 8: Party Pies

Week 9: Sausage Rolls

Week 10: Pizza

# Lamington Drive

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On Saturday 25<sup>th</sup> August, Woolomin School hosted a lamington drive at Bunnings Warehouse, on behalf of our SRC, to fundraise towards equipment for the community playground.

A big thankyou to our helpers Gaye Johnson-Weeks, Jorja McMahon, Tyler Woodard, Brendan Parkinson, Lily Parkinson and Maverick Parkinson.

It was reported that Lily was absolutely fantastic help asking people to buy so they can raise money for playground equipment in the community.



Our helpers Jorja McMahon, Gaye Johnson-Weeks, Lily Parkinson, Maverick Parkinson and Tyler Woodard drumming up sales outside Bunnings Warehouse.



# Woolomin Public School Kindergarten Orientation Programs

This year Woolomin School is offering **two different programs** designed to provide children living in the area with the opportunity to become familiar with their local school.

## Program One: Extended Transition Program



**Aim:** The aim of this program is to provide families the opportunity to spend time in their local school in the years leading up to enrolment in Kindergarten so that they become familiar with the school grounds, staff, students and routines.

Parents are invited to stay for the duration of the program and enjoy a cuppa with other parents while their child spends time getting to know Miss Burford (K-2 teacher) and other children while engaging in a social skills program.

**Ages:** This program is suitable for children aged 3-5 years old

**Time:** 9am-11.15am

**Day:** Thursday

**Dates:** 6/9, 13/9, 20/9, 27/9

**Activities:** Craft, Social Games, Story Time, Gross Motor Skills, Fine Motor Skills Practice and much more!

## **School Readiness**



## Program Two: School Readiness Program

**Aim:** The aim of this program is to provide children who are turning 5 before 31<sup>st</sup> July 2019 and intend on commencing Kindergarten in 2019. Children will spend time in the K-2 classroom learning the routines and expectations of 'big school'.

**Ages:** This program is suitable for children enrolling in Kindergarten in 2019.

**Day:** Wednesday

<b>Dates and Times:</b>	<b>24/10/18</b>	<b>9am-1.15pm</b>
	<b>31/10/18</b>	<b>9am-1.15pm</b>
	<b>7/11/18</b>	<b>9am-1.15pm</b>
	<b>14/11/18</b>	<b>9am-3pm</b>
	<b>21/11/18</b>	<b>9am-3pm</b>
	<b>28/11/18</b>	<b>9am-3pm</b>

**RSVP to the school ASAP** by phoning the school to inform us that your child will be attending. Please indicate the program or programs you would like your child to attend.

School Phone Number- 67642274

Please note when enrolling your child you need to bring their **birth certificate and immunisation details** and any **medical information / health care plans**.

## Great Aussie Bush Camp



Next Monday 3<sup>rd</sup> September, our year 3 & 4 students will travel by McPhersons Coaches alongside students from Nundle, Dungowan, Tintinhull, Somerton, Currabubula, Attunga, Moonbi, Bendemeer and Duri, to the Great Aussie Bush Camp at Tea Gardens.

This is a fantastic camp in which students participate in a diverse range of activities alongside students from other schools designed to challenge students expectations and have fun through experimental learning.

Please ensure all notes are returned and fees paid to allow for easy organisation.



## Headlice

Head lice can unfortunately be quite common when large groups gather in regular settings such as schools, and be easily passed along. Attached is an information sheet with some useful information to help families be prepared for, and how to deal with head lice should you encounter them.

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## P&C News

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P&C meetings are the first Wednesday of each Month at 7pm. If you should have any enquiries, questions or suggestions for the P&C please don't hesitate to contact us. If you would like to be more involved, we always welcome new members. Upcoming meetings scheduled for 2018:

- Wednesday 5<sup>th</sup> September
- Wednesday 17<sup>th</sup> October (Moved due to school holidays)
- Wednesday 7<sup>th</sup> November
- Wednesday 5<sup>th</sup> December

## P&C Uniform / Clothing Pool Winter 2018

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Just a reminder that we have many new and secondhand items in stock including Winter/ Summer Dresses, Shirts, Ties, Navy Dress Pants.

ANYONE with uniform needs, that may need a payment plan please come and see Jo or Kate, we are here to help! We also offer The Uniform Exchange, bring in your out-grown Uniform in good condition and exchange for a larger size.

Please ensure ALL items of uniform are CLEARLY marked with students names so they can find their way back home.

Thanks for your ongoing support  
Jo Meredith – Uniform Coordinator - 67693341

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## Term 3 Calendar

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### Week 6

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Monday 27 <sup>th</sup> August	Debate at Tamworth South
Tuesday 28 <sup>th</sup> August	Mrs Mc at Principals Meeting
Wednesday 29 <sup>th</sup> August	Active After School Sports
Thursday 30 <sup>th</sup> August	Debate at Tamworth Public
	Mrs Hughes at SAM meeting
Friday 31 <sup>st</sup> August	Zone Athletics
	Animal Nursey

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### Week 7

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Monday 3 <sup>rd</sup> September	Great Aussie Bush Camp
Tuesday 4 <sup>th</sup> September	Great Aussie Bush Camp
	Mrs Hughes at EBS Training
Wednesday 5 <sup>th</sup> September	Great Aussie Bush Camp
	P&C Meeting
Thursday 6 <sup>th</sup> September	Kindy Orientation 9-11.15

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### Week 8

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Thursday 13 <sup>th</sup> September	Kindy Orientation 9-11.15
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### Week 9

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Thursday 20 <sup>th</sup> September	Kindy Orientation 9-11.15
	THS Transition Year 6
Friday 21 <sup>st</sup> September	Regional Athletics

# Treating and controlling headlice

## health

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

### Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

### Finding head lice

Many lice do not cause an itch, so you have to **look carefully to find them**.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

- Step 1** Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.
- Step 2** Now comb sections of the hair with a fine tooth, head lice comb.
- Step 3** Wipe the conditioner from the comb onto a paper towel or tissue.
- Step 4** Look on the tissue and on the comb for lice and eggs.
- Step 5** Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

### Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.



## Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (maldison or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

## Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

## Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.



Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

## Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

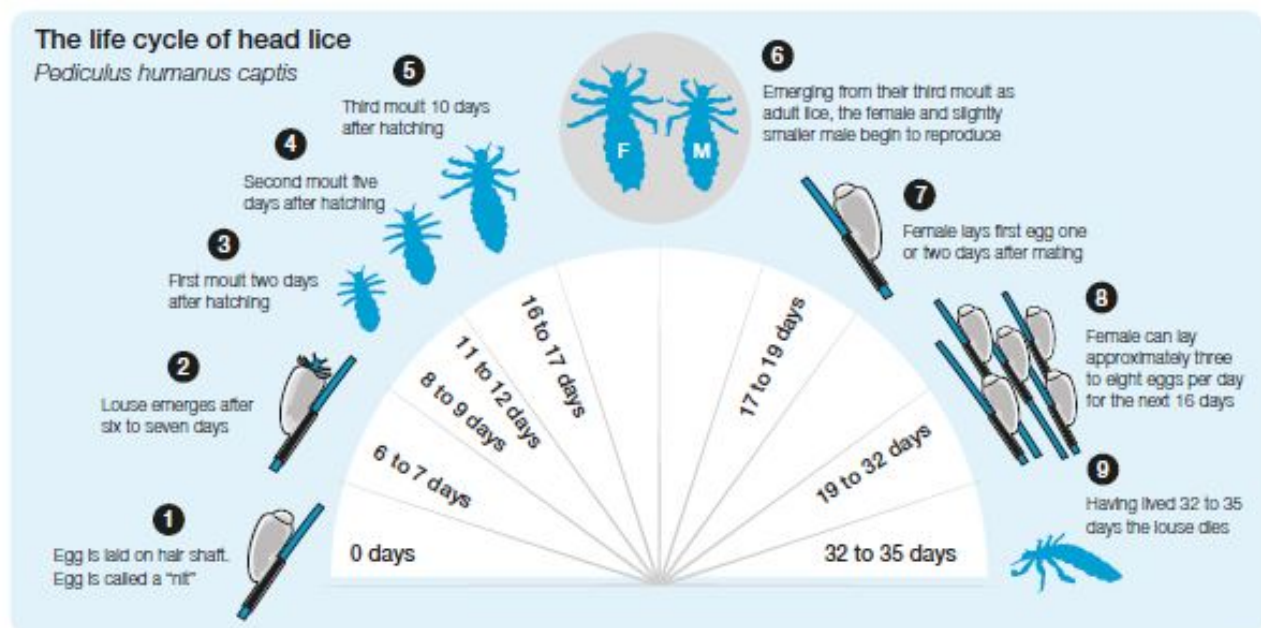
The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

## Preventing head lice

Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

## Further information

The following website offers further information:  
[www.health.vic.gov.au/headlice](http://www.health.vic.gov.au/headlice)



The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Speare and the team of researchers at, School of Public Health and Tropical Medicine, James Cook University.

Treating and controlling head lice

Cover concept by students from St Patrick's Primary School, West Geelong. Life cycle diagram courtesy of Nitpickers Qld.  
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