



Tuesday, 11 June 2019

Week 6 Assembly Awards

Principal's Award

Liam Dahl

For demonstrating the characteristics of a leader through behaviour and personal presentation.



Miss Burford's Award

Amba Graham

For excellent results in spelling.



Mr Burnett's Award

Liam Wells

For being a calm and tactical leader in defence against Moonbi.



Mrs McMahon's Award

James Sampson

For presenting a quality poster on Paupa New Guinea as part of the CWA International Day program.



Mr Burnett's Award

Connor Jones

For being cool and thoughtful in defence against Moonbi.



Mr Burnett's Award

Joseph Sampson

For enthusiasm and energy in our football game against Moonbi.



Mr Bellis' Award

Tyler Woodard

For great progress with typing and ICT work.



Mr Bellis' Award

Liam Dahl

For attentive, focused work during lessons.



Mr Bellis' Award

Glen Meredith

For remaining on task and attention to detail.



Feel Good Friday

This Friday 14 June all students will travel with staff to Currabubula Public School to participate in a Health and Wellbeing Day.

Students are to come dressed in comfortable casual clothes (no thongs or singlets) and will participate in a range of age appropriate activities of mindfulness & yoga, dance, cooking and gardening/art.

We will require parent help with transport of 8 students and ask that all notes are returned ASAP to assist with timely organisation. We understand this has been short notice and have fully subsidised the cost to assist. As we will also be having a large tree removed on Friday, this will be a good opportunity to take down while students are not on school grounds.

Without help we will unfortunately need to look at only sending either the Infants or Primary group (but not both) to fit on bus or to cancel our attendance at the event.

Head Lice

Head lice can unfortunately be quite common when large groups gather in regular settings such as schools, and be easily passed along. Attached is an information sheet with some useful information to help families prepare for, and how to deal with head lice should you encounter them.

The school keeps a supply of KP24 and combs for the treatment of head lice that have been subsidised by the school to provide at no cost to families in need of supplies. Please contact the school office to organise.

PSSA NSW Knockout Soccer

On Thursday 6 June the Woolomin PSSA NSW Soccer Team played their first game of the PSSA NSW Small Schools Soccer Knockout against Moonbi Public School. We are proud to announce that the Woolomin team won (score) against Moonbi Public School and will progress to the next round against Willow Tree Public School.

Rural Active Kids

Due to Monday's Public Holiday, this week's Rural Active Kids Program will run on Wednesday 3.00pm - 4.30 pm.

Dance Eisteddfod

Over the weekend Liam Dahl, Mayci Oliver and Maiya Douglas participated in the 2019 Dance Eisteddfod.

Liam performed a solo routine and took out first prize with a score of 86 points.

Maiya and Mayci performed in a Group Jazz item with 6 other dances also scoring first place.



Ngaya Girls Program

A reminder that the Ngaya Girls program commences next Tuesday 18 June at Dungowan Public School. Please ensure notes are returned to participate. Copies of note can be obtained from the school office on request.

School Desks

The school has been working hard to replace and upgrade the student desks in each room. The Library underwent a transformation late last term and we have now received the new desks for our Infants and Primary classrooms. As such we will be selling our old student desks for \$10 each. We currently have 7 smaller desks and 10 larger desks available.

If you would like to purchase a student desk please contact the school office on 6764 2274.

The desks will be available for collection on Friday 21 June between 9-11 am, 12-1pm and 2-3pm and payment must be made before collection.

Mini Canteen



Friday Specials

Week 7	Pizza (\$1.50 per serve of 2 slices)
Week 8	Fried Rice
Week 9	Hamburgers
Week 10	Fish and Chips

Weekly Regulars

Ham & Cheese Toasties	\$3.00
Ice Blocks	\$1.00
Chocolate Yowie Cups	\$2.00
Sippah Straws (Choc, Caramel, Strawb)	\$1.50

Term 2 2019

Week 7

Monday 10 June	Queens Birthday
Wednesday 12 June	Rural Active Kids
Friday 14 June	Feel Good Friday @ CPS

Week 8

Monday 17 June	Rural Active Kids
Tuesday 18 June	Ngaya Girls Program
Friday 21 June	Student Desk Collection

Week 9

Monday 24 June	Rural Active Kids
Tuesday 25 June	Ngaya Girls Program
Wednesday 26 June	Wyniss Performance

Week 10

Monday 1 July	Rural Active Kids
Tuesday 2 July	Ngaya Girls Program
Friday 5 July	NAIDOC @ Somerton

Community News

Pumpkins for Sale

Tony Jones has a large number of fresh farm grown pumpkins available to purchase. Please call Tony on **0418 883 587** if you wish to purchase, with a portion of proceeds supporting the Woolomin Public School SRC.



Pictured is a very proud Connor Jones with one of his sweet potatoes from his incredible sweet potato harvest.

Active Rural Kids

Helping Build Active Bodies & Strong Minds.

**Is your family currently being impacted by the Drought?
Does your child enjoy sport?**

Active Rural Kids is a free holistic physical activity program designed to help teach kids fundamental sporting skills. We work with you to establish teamwork & co-operation, whilst also improving children's physical, cognitive, social & emotional development.

Woolomin- School Aged Kids
* Parents must supervise children *
Starting Monday 3rd June
for 5 weeks
3pm to 4:30pm
Woolomin Public School
Frederick Street Woolomin
*** 30 places available ***



**Contact us at Centacare NENW to
register your child or to find out more!**

1800 372 826

phn
HUNTER NEW ENGLAND
AND CENTRAL COAST
An Australian Government Initiative

**fun fitness
& littles**

Centacare
New England North West
Rural Resilience
THE SOCIAL SERVICES AGENCY OF THE CATHOLIC DIOCESE OF ARMIDALE



Platypus page

Student of the week

Bladen steel

What is your favorite
colour:blue

What is your favorite
food:yoghurt

What is your favorite
game:fortnite

What is your favorite
animal:tiger



Animal of the week

Dogs (allsorts)

An adult dog has 42 teeth. It is a myth that dogs are colourblind, they actually see colour just not as vividly as a person.



By Taela McCahon

Treating and controlling headlice

health

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice

Many lice do not cause an itch, so you have to look carefully to find them.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

Step 1 Comb any type of hair conditioner on to dry, brushed (dangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.

Step 2 Now comb sections of the hair with a fine tooth, head lice comb.

Step 3 Wipe the conditioner from the comb onto a paper towel or tissue.

Step 4 Look on the tissue and on the comb for lice and eggs.

Step 5 Repeat the combing for every part of the head at least four or five times.

Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

1. Buying and using a head lice lotion or shampoo, following the instructions on the product
2. Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.

Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (malathion or malathion)
- herbal with or without natural (iron-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.

Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

Preventing head lice

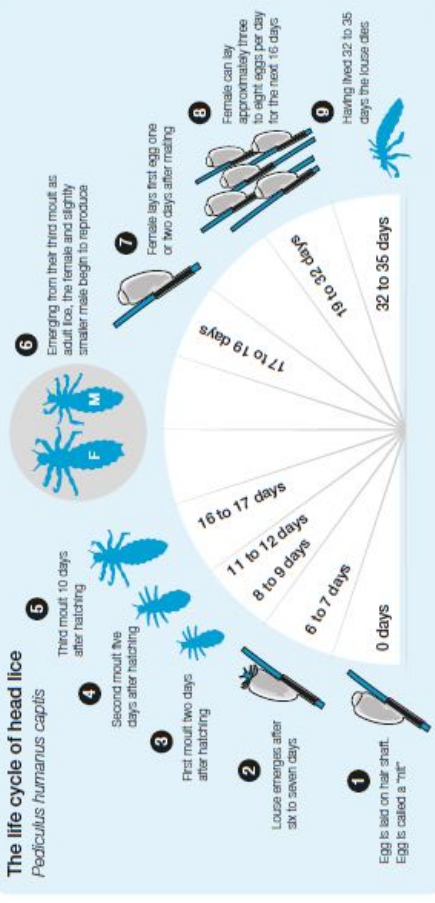
Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

Further information

The following website offers further information:
www.health.vic.gov.au/headlice

The life cycle of head lice

Pediculus humanus capitis



The information in this pamphlet is based on the research conducted and written by Associate Professor Rick Speare and the team of researchers at School of Public Health and Tropical Medicine, James Cook University.

Treating and controlling head lice

Department of Health