

Woolomin Public School

Newsletter Week 5, Term 3

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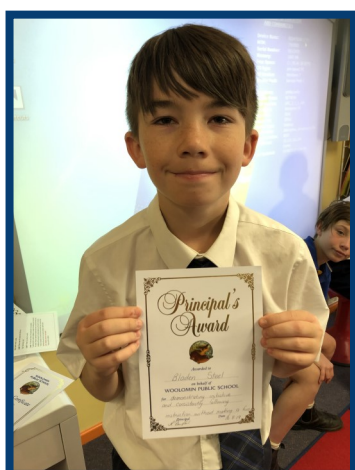
Monday, 19 August 2019

Week 4 Assembly Awards

Principal's Award

Bladen Steel

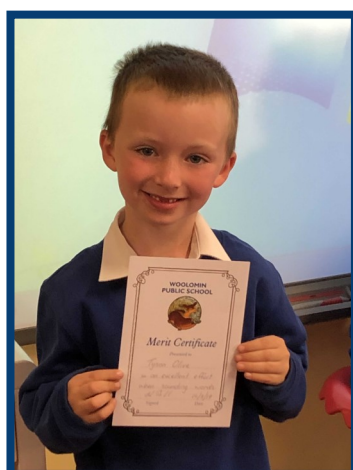
Outstanding demonstrating initiative and consistently following instruction without making a fuss.



Miss Burford's Award

Tyson Olive

For an excellent effort when sounding words.



Merit Cards

Maiya Douglas, Will Adams, Laylah O'Malley, Jackson Hoad, Declan Scharkie, James Samspon, Amba Graham



Mr Burnett's Award

Liam Dahl

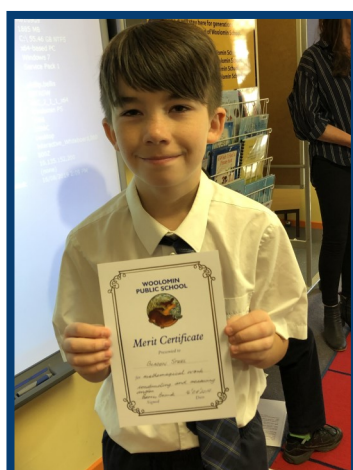
For mathematical work constructing and measuring angles.



Mr Burnett's Award

Bladen Steel

For mathematical work constructing and measuring angles.



Caught You Being Good Prize

Jackson Hoad



Bronze Award

James Sampson



Woolomin Athletics Carnival

The Woolomin Athletics Carnival will be held this Thursday 22 August 2019. Track events will be held at the Woolomin Sport and Recreation Grounds and the Field events will be held back at school. We will have the assistance of an Hanna Little, an athletics coach, guiding students through the events.

Students will walk with teachers to the Sport and Recreation grounds in the morning for the track events before walking back to school with teachers for the remaining field events as per the signed permissions given at start of year.

We still require parent helpers to assist with marshalling, time keeping, record keeping and the general running of the day. If you are able to assist for any amount of time, please contact the school as soon as possible with your job preference and availability.

Debating

Last Monday 12 August, Bladen Steel, Liam Dahl, Bryce Thompson and Connor Jones attended a debating round against Nemingha Public School. Our team put in an amazing effort against Nemingha, but unfortunately didn't win this round.

Meningococcal

As we head into late winter and spring, NSW Health are urging everyone to be alert to the symptoms of meningococcal disease. NSW Health have launched a state wide campaign about identifying the symptoms of meningococcal disease.

Meningococcal disease is caused by a bacterial infection that can lead to serious illness if not recognised and treated in time. While anyone can contract meningococcal disease, infection rates are higher in children aged 0 - 4 years and young people aged 15 - 24 years.

Do you know the symptoms of meningococcal disease?

Symptoms of meningococcal disease include:

- * Sudden onset of fever
- * Headache
- * Neck stiffness
- * Joint pain
- * Dislike of bright lights
- * Nausea
- * Vomiting
- * Irritability
- * Rash of red-purple spots or bruises that doesn't disappear when pressure is applied. (A rash does not always appear or it may occur late in the disease).

Some or all of these symptoms may appear and can mimic other common illnesses. Symptoms usually occur suddenly and can get worse quickly, so it's important to seek urgent medical treatment.

Vaccination is the best way to prevent the spread. The NSW School vaccination program provides free vaccination against meningococcal disease for year 10 students in 2019. Students ages 15-16 can access free vaccine from their GP.

Act fast and seek medical advice quickly

People infected with meningococcal disease can become extremely unwell very quickly. People who could have meningococcal disease should seek urgent medical advice.

For more information about meningococcal disease and vaccinations, visit

www.health.nsw.gov.au/infectious/meningococcal.

Mini Canteen

Please ensure Friday Special catering notes are returned by Wednesday each week.

Friday Specials

| | |
|-----------------------|--------|
| Week 5—Pizza | \$1.00 |
| Week 6—Tacos | \$3.00 |
| Week 7—Hot Dogs | \$2.50 |
| Week 8—Dim Sims | \$1.00 |
| Week 9—Butter Chicken | \$3.00 |
| Week 10—Pizza | \$1.00 |

Weekly Regulars

| | |
|-----------------------|--------|
| Ham & Cheese Toasties | \$3.00 |
| Ice Blocks | \$1.00 |
| Chocolate Yowie Cups | \$2.00 |
| Sippah Straws | \$1.50 |

High School Taster Days

Tamworth High School

To be confirmed

Quirindi High School

| | |
|--------------------------|--------------------------|
| Year 5 Taster Day | Tuesday 20 August |
| Year 6 Taster Day | Tuesday 3 December |

Peel High School

| | |
|----------------------|------------------------|
| Year 5 Taster Day | Wednesday 11 September |
| Year 5 Taster Day | Wednesday 30 October |
| Year 6 Treasure Hunt | Wednesday 20 November |

Farrer Memorial Agricultural High School

| | |
|--------------------|---------------------|
| Year 5 Expo | Friday 27 September |
| Year 7 Orientation | Thursday 5 December |

Term 3 2019

Week 5

| | |
|---------------------|-----------------------------|
| Monday 19 August | Active After School sport |
| Tuesday 20 August | QHS Yr 5 Taster Day |
| Wednesday 21 August | Resilience Kids Program |
| Thursday 22 August | Woolomin Athletics Carnival |
| | Mrs Mc—Long Service Leave |
| Friday 23 August | Mrs Mc—Long Service Leave |

Week 6

| | |
|---------------------|---------------------------|
| Monday 26 August | Active After School sport |
| | Mrs Mc—Long Service Leave |
| | Miss B—CAPERS |
| Tuesday 27 August | Mrs Mc—Long Service Leave |
| | Miss B—CAPERS |
| Wednesday 28 August | Mrs Smith SLSO Networking |
| | Resilience Kids Program |
| Friday 30 August | Zone Athletics |
| Sunday 1 September | Kootingal Country Fair |

Week 7

| | |
|----------------------|----------------------------------|
| Monday 2 September | Active After School Sport |
| Thursday 5 September | Extended Transition 9-11.15am |

Week 8

| | |
|------------------------|----------------------------------|
| Monday 9 September | Zeeko Performance K-6 |
| | Active After School Sport |
| Wednesday 11 September | Resilience Kids Program |
| | PHS Yr 5 Taster |
| Thursday 12 September | Extended Transition 9-11.15am |

Community News

Congratulations to Helen-Mary Jones who was recognised at the New England Volunteer of the Year Awards in Gunnedah last week, for her dedication and commitment as a volunteer in the New England region.



EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

| When your child misses just... | that equals... | which is... | and therefore, from Kindy to Year 12, that is... | This means that the best your child can achieve is... |
|--------------------------------|-------------------|-------------------|--|---|
| 1 day each fortnight | 20 days per year | 4 weeks per year | Nearly 1 ½ a years of school | Equal to finishing Year 11 |
| 1 day a week | 40 days per year | 8 weeks per year | Over 2 ½ years of school | Equal to finishing Year 10 |
| 2 days a week | 80 days per year | 16 weeks per year | Over 5 years of learning | Equal to finishing Year 7 |
| 3 days a week | 120 days per year | 24 weeks per year | Nearly 8 years of learning | Equal to finishing Year 4 |

Give your child every chance to succeed...

Every day counts!



Kindergarten Orientation Programs

This year Woolomin School is offering **two different programs** designed to provide children living in the area with the opportunity to become familiar with their local school.

Program One: Extended Transition Program

Aim: The aim of this program is to provide families the opportunity to spend time in their local school in the years leading up to enrolment in Kindergarten so that they become familiar with the school grounds, staff, students and routines.

Parents are invited to stay for the duration of the program and enjoy a cuppa with other parents while their child spends time getting to know Miss Burford (K-2 teacher) and other children all whilst engaging in a social skills program.

Ages: This program is suitable for children aged 3-5 years old

Time: 9am-11.15am

Day: Thursdays Term 3 Weeks 7-10

Dates and Times:

| | |
|----------|--------------|
| 05/09/19 | 9am-11.15am |
| 12/09/19 | 9am-11.15am |
| 19/09/19 | 9am-11.15am |
| 26/09/19 | 9am -11.15am |

Activities: Craft, Social Games, Story Time, Gross Motor Skills, Fine Motor Skills Practice and much more!

Program Two: School Readiness Program

Aim: The aim of this program is to provide children who are turning 5 before 31st July 2020 and intend on commencing Kindergarten in 2020. Children will spend time in the K-2 classroom learning the routines and expectations of 'big school'.

Ages: This program is suitable for children enrolling in Kindergarten in 2020.

Day: Wednesdays Term 4 Weeks 5-7

| | | |
|-------------------------|----------|------------|
| Dates and Times: | 12/11/19 | 9am-3.00pm |
| | 19/11/19 | 9am-3.00pm |
| | 26/11/19 | 9am-3.00pm |



RSVP now by phoning the school to inform us that your child will be attending. Please indicate the program or programs you would like your child to attend.

School Phone Number- 67642274

Please note when enrolling your child you will need to bring their birth certificate, immunisation details and any medical information / health care plans.



TAMWORTH CITY
SHARKS
SWIMMING CLUB
REGISTRATION DAY
Sunday 22 September 2019,
11am to 1pm
West Diggers, Kable Ave

secretary@tcsc.org.au



About

Tamworth City Swimming Club

TCSC is a family oriented swimming club that focuses on the development of our swimmer while promoting healthy exercise, water safety and fun. We are proud to develop and encourage a love for swimming regardless of age and ability.

We are committed to the values of consistency, skills and unity. Tamworth City Swimming Club enjoys the services of our permanent accredited professional coach, Mr Nicolas Monet.

We love seeing the results of our swimmers hard work. 2019 saw Tamworth City Swimming Club represented at Country, State and National titles, bringing home a combined 20 top ten finishes, 1 Gold, 3 silver and 2 bronze medals. Tamworth City boasts 32 NENW Age Champions and currently hold 23 New

England North West area records; 4 NSW Country records and 1 NSW record and 2020 is set to be Bigger than ever!

SQUAD ASSESSMENTS

Please contact the coach,
Nicolas Monet, on 0434 805 957 to book a time.

FEE STRUCTURE

The Summer Season starts
14th October 2019 until April 2020,
Including school holidays

| | |
|--|------------------------------------|
| 1st swimmer \$385 (Includes Family membership to Tamworth City Swimming Club) | 2ND swimmer \$300 |
| 3RD swimmer \$275 | 4TH swimmer \$250 |

SQUADS

AND TRAINING TIMES

Members will be allocated to a squad after assessment and registration.

Developing Swimmers - Training sessions every afternoon Monday – Friday from 3.30pm.

Performance Swimmers - Up to 11 training sessions per week on offer including strength and conditioning. Coach will recommend the training schedule and frequency at this level.

ADULT FITNESS

Adults who want to improve their technique and fitness, have fun and be part of a team. All abilities welcome

Club Nights

Club night is an optional activity where swimmers compete in a friendly, informal environment. The emphasis is on participation, personal improvements and to have fun with friends. A BBQ run by the club ensures dinner is covered!

SPONSORED BY:

